



**TEAM NEED A HAND!!!!**

### **Mission**

The mission of Team Need A Hand is to offer opportunities for students in our program that will create well rounded individuals, whom not only excel as riders but also possess the ability to demonstrate knowledge and understanding of equine care, management, and behavior.

### **Culture**

Our team culture puts emphasis on demonstrating teamwork, sportsmanship, leadership, accountability, responsibility, and strong moral character.

### **Purpose**

It is the purpose of Team NAH to instill high moral character and build skills through experiences with horses that will allow them to confidently walk the path GOD intended.

**#dontpanic**    
needahandhorsetraining.com

This packet contains information to answer your questions and prepare you for what to expect when joining Team Need A Hand. If you ever have any questions, please do not hesitate to ask.

### **What Is YEDA?**

The Youth Education Development Association is for students in grades 4-12. It is designed to help further student's horsemanship knowledge while promoting sportsmanship, encouraging academics, and building strong character skills. Each rider is placed in a division based on their grade and riding level/experience. Riders do not have to own a horse to compete. Shows are conducted at a host team's facility and horses are entered in a random draw to level the playing field for competitors. The purpose is to create great horsemanship skills while preparing riders for collegiate riding opportunities.

### **Preparing for competition**

As required by YEDA, all team members will participate in our lesson program. Team Need A Hand season runs from June-May

### **Team Need A Hand will have 2 levels of rider commitment:**

Team NAH and Team NAH Elite

### **Team Need A Hand:**

Riders are required to participate in **1 riding lesson per week** during each competition season August-May. Riders are encouraged to participate in weekly workout routines, classroom sessions and video films days but are not required.

Team members that do not live locally may get special permission to ride with another approved instructor on a weekly basis, however, they still must participate with NAH at a **minimum** of once a month via a video lesson or physical lesson with NAH instructor. Riders will participate on YEDA competition teams.

### **Team Need A Hand Elite:**

#### **Riders will earn an ELITE patch at the end of each season**

Riders are required to participate in **2 riding lessons per week** during each competition season June-May. Riders will also participate in team film days at the exclusion of horse shows, monthly online classroom learning sessions, and a weekly workout routine. These members are responsible for accurately recording their ride times, workouts and extra team activities for year end recognition and to maintain ELITE status.

Team members that do not live locally may get special permission to ride with another approved instructor on a weekly basis, however, they still must participate with NAH at a **minimum** of once a week via a video lesson or physical lesson with a NAH instructor. Riders will participate on the YEDA teams

If riders expect any success in the arena, then you must put the time in and out of the saddle.

The purpose of offering our ELITE team is to provide an environment focused on developing mental focus, performance under pressure, and honing the finer details of equitation and horsemanship necessary to win in the competition arena.

Riding is a sport and just as with any sport or skill you must “PRACTICE CORRECTLY AND EFFECTIVELY” to be able to see progress in and out of the competition arena.

Lessons can be scheduled on our Riding Portal accessed through the website [www.NeedAHandHorseTraining.com](http://www.NeedAHandHorseTraining.com).

**Group lessons** \$/40hr lesson **Private lessons** with Head Coach \$80/hr

**Video lesson** \$40 Riders will send in a video of them riding on the rail at all 3 gaits both directions, and performing a pattern designated by coach. The coach and rider will have a video conference to review the ride and discuss goals for future rides.

### **Team start up fees**

YEDA has team membership, coach membership, show insurance and team insurance fees. These fees are covered by the team startup fee.

### **Team Startup Fee DUE JULY 24th**

YEDA \$75 per rider

*Riders cannot be on the roster until membership fees are paid and received by National offices. These can take up to 3 weeks to process. Showing starts August 1<sup>st</sup>.*

### **Individual Membership (paid directly to YEDA) \$80**

Membership forms are filled out and given to coach to complete and sign. We send all membership applications in at one time.

### **Regular Season Show Costs**

**YEDA Maximum of 12 shows \$45/class (2 classes per show) \$40 horse lease if we do not haul**

*Fees are due prior to the closing date of each horse show entry. Generally 1 month prior to the show.*

*\*\*Additional expenses for travel, horses, motel etc. varies and depends on location and duration of event.*

- Travel fees \$100-150 per show

Show expenses will vary depending on the location of the show, how many horses we must take, how many trailers we will haul, and of course how many riders are going to split the total expense bill. The more traveling to the show the less the cost per rider. All show entry fees and travel fees will be billed via emailed invoice and must be paid prior to the event in order for rider to participate.

## **Definite Fundraisers and Dates**

### **Blue Raider Cup Program Ad Sales for our YEDA show in November 11-12, 2023**

-Each team member is required to sell \$300 in ads or Pay \$300. This money is used to cover the costs associated with hosting 3 horse shows in one weekend at the Miller Coliseum. All profits are then used for Team Expenses for the duration of the season.

All team members and parents are expected to assist with the team hosted YEDA shows. These shows benefit our team as a whole and we always need all hands-on deck to make them the best shows possible.`` `

### **Hoofin It Consignment Sale November 16-19, 2023**

#### **YEDA Beef Raffle Ticket Sales (due by December 1<sup>st</sup>)**

YEDA Foundation Sponsorship towards Scholarship Incentive Fund (SIF)

For every \$100 riders receive \$40 towards entry fee at a horse show. Get \$1000 =10 rides paid for!

### **Show dates for 2023-2024 (totals 10 Judges)**

September 23-24 IIR Stars Hosted in Camden SC 3 Judges

Nov. 11-12 Blue Raider Cup Team NAH hosted

Murfreesboro, TN 3 judges

January 20-21 Moorehead University in Moorehead, KY

Double Judged

April 13-14 Midway University Midway KY Double

Judged

May30 State Invitational McDonald, TN

May31- June 2 2024 Nationals McDonald TN

To qualify for YEDA Nationals they take the top 10 or top 20% of membership, whichever is largest. Riders can compete up to 12 times and only the top 6 placings are counted. Riders who do not qualify for nationals can also qualify for the state invitational. The highest point earner for each state that did not qualify for Nationals is invited to the state invitational. From there the top 2 rider from the state invitational in each division then qualify for YEDA Nationals.

### **What does my child need to show?**

NO HORSE REQUIRED!

**Team Spirit Wear:** All team members need a team polo for shows and team events to be worn when not showing. They will need Pink team Polo, Black team polo is optional and team jacket.

Every member will need show clothes. A detailed list will be provided on what you will need for the big day but what do you need to get started? The main goal for dressing for

horsemanship is to look crisp, clean, well put together and with the latest fashion. This does not mean the most expensive outfit wins. Always keep it simple and clean.

**YEDA** members must purchase a YEDA show shirt, from YEDA, when completing their membership to be worn for competitions. This is required and no exceptions are allowed.

**WESTERN:** western show pants that match chaps, Hobby Horse chaps, YEDA Show long sleeve shirt, solid color no bling belt, matching colored boots and a well-shaped hat/helmet. Helmets must be of show quality.

Most can be purchased online, locally, or at consignment stores inexpensively. We will also have a team clothes swap day coming soon. This is also a great way to determine sizes before purchasing.

**DO NOT PURCHASE ANY CLOTHING WITHOUT APPROVAL FROM COACH.**

Girls and Boys wear nice starched YEDA shirts with a WESTERN show type tie/scarf. Boys and Girls have different type of scarves. We can help you find the appropriate color and type. Girls also need accessories to help complete the outfit such as earrings. Remember we want them to look well turned out. Competing in horsemanship is like going to interview, first impressions are crucial, so a wrinkled shirt or dirty boots can be a turn off to a judge.

We will have a hair and makeup day to help each rider find the look that is best for them.

**Cost Breakdown**

10 shows = \$1080 total in entry fees

Team travel fees est. =\$450

YEDA Shirt = \$100

Team NAH Spirit wear = \$150

**Team Need A Hand Team Membership**

Must be completed and turned in by July 24th

**Rider's Name** \_\_\_\_\_

**Rider's Email** \_\_\_\_\_

**Rider's Phone**-----

**Rider's Grade (as of August 1<sup>st</sup>)** \_\_\_\_\_ **Riders DOB** \_\_\_\_\_

Parents Name \_\_\_\_\_

Parents Name \_\_\_\_\_

Parents Email \_\_\_\_\_

Address \_\_\_\_\_

Parents Phone \_\_\_\_\_

Parents Phone \_\_\_\_\_

\_\_\_\_\_ YES!! I am interested in being an adult contributing member and assisting with the team by sending informational emails regarding shows, organizing entries, collecting fees, etc.

Total Owe \$ 75.00

Payment made via  
Cash, Check # \_\_\_\_\_



## Horse Show Policy

I am a Christ follower and believer. I do my best to follow God's word and set standards of my riding program and team to reflect his teachings. I will stumble and make mistakes. We all will. His grace is our blessing and his promise for eternal life is our victory. May your time with Need A Hand be a blessing to you and your family and a step closer to guiding your to God's purpose for your life.

Horse Show procedures:

- Riders participating in shows are responsible for arriving the day before to Groom, Bathe, and clean tack unless other arrangements are made prior to show. Generally, we send out a sign up before each show allowing riders to sign up to load and prep or unload upon show return.
- Riders are responsible for providing all necessary show attire and team wear.
- Riders will arrive at the barn at a designated time set by trainer to help feed all horses, hay, water, etc. Expect to help prior to departure, upon show arrival, and every AM and PM of the show, as well as return to the barn.
- Riders will be responsible for feeding, watering, and stall cleaning while at the show.
- All riders will be expected to return to the barn at the completion of the show to help unload truck and trailer, clean out trailer, feed horses, clean stalls, and perform any other tasks.
- If a rider cannot stay the entire show, they must have prior approval from trainer to leave. This may result in an additional cost to that rider for the trainer to care for the horse after they have competed.
- Horse shows can last 4 hours or 14 hours please be prepared to stay for 14 hours.
- All riders will leave the barn together and return together unless groups are setup for departure and return by trainer. This keeps anyone from getting lost or in the event of vehicle trouble there is someone there to help.
- Riders must always have parent/guardian supervision when attending any horse show unless prior arrangements have been made. No minor may be left unattended without prior arrangements.
- Boyfriends/Girlfriends are welcome to come support riders however NO "special friends" should be at the barn during lessons, at the stalls at shows, or in show prep areas. They may support you from the stands with your family. You are here to learn and focus on the task at hand and not to be distracted by outside friends. PDA (public displays of affection) are deemed inappropriate. Single chairs are designed for one butt not two. Hugging, necking, lap sitting, etc. are extremely frowned upon. We are here to ride and show horses NOT show the public how much you think you care about one another. Please keep private things private. This applies to boy/girl, boy/boy, or girl/girl interactions. Violations will result in loss of show privileges.
- God made boys, boys and girls, girls. There is no variation. You will be respected and viewed the way God designed and made you.

- Everyone is a unique individual, and those unique qualities can be used to help your team, however, we are a TEAM and to keep our team uniform everyone should be as one. If you feel the need to express your individuality, please do so around our show season. Piercings, Unnatural hair color, drawings on skin, temporary or permanent tattoos must be removed or covered at all times while participating at shows, during fundraisers, at team functions, or when representing NAH.
- **No dogs allowed** when attending horse shows unless the parent/guardian assumes full responsibility for its care and wellbeing throughout the show. Riders need to focus on their horse not a dog that is hot, hungry, lonely, or needs to pee in a truck, car, stall or trailer.
- When representing Need A Hand Horse Training riders are expected to have excellent sportsmanship, manners and respect for others. This respect is to be shown to all people, including PARENTS. What, huh, and OOOKKKKAAAYYY's are deemed as inappropriate language when addressing another human being. Respect yourself and others.
- **Riders should always** wear Team T-shirts, polos, or barn colors with boots and jeans when attending shows. Jeans are to be worn outside of boots. Shirts are to be tucked in with a belt. Please dress conservatively not in booty shorts, spaghetti straps, tank tops, or pants with holes. You are representing my barn so please keep it classy the entire duration of show.
- **Hotels:** We will always recommend a hotel to stay at for shows but team members are allowed to select a hotel that best suits their family. When at the hotel remember you are still representing out team. Curfew is 10:00 pm on show days. Hotels may have pools and swimming available. Team members are asked to wear conservative bathing suits as we are a co-ed team and need to be mindful of the image we portray to others.
- **Social Media policy** It is your responsibility to only post or share things via social media that are positive and uplifting. Negative content, inappropriate videos, inappropriate language, suggestive pictures, and content are not allowed. Your private post and content reflect publicly on our team.

All members of the Team Need A Hand IEA team will be given a verbal and written warning for violation of any barn/horse show rules. 2<sup>nd</sup> offense will result in disciplinary action set by the team, 3<sup>rd</sup> offense will result in suspension from team.

Rider Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_



## Team Need A Hand Rider Contractor

I have agreed to become a member of the **Team Need A Hand Equestrian Team**. As a member of this team, I have read the Team NAH show policies attached to this contract and I will do my best to obey these rules and regulations:

- 1. I will always hustle.** I will hustle in and out of the arena, at lessons, before a show, at the show, during conditioning and at home.
- 2. I will respect my coaches and parents and do as they ask.** I understand that they come from a place of experience and want to help me become the best I can be.
- 3. I will not use profanity, drugs, alcohol or tobacco.** I will always set a good example and represent my team with class.
- 4. I will practice good sportsmanship before, during and after games.** I will appreciate the good play of our opponents and remain humble during my shining moments.
- 5. I will treat other riders, teams, coaches and officials with respect.** The only difference between us is that they are pulling for the other side.
- 6. I will respect decisions made by the judges and stewards.** I cannot change their decisions, and I recognize my reaction may reflect poorly on both me and my team.
- 7. I will handle winning with class and losing with grace.** A rider's true character is shown in handling both winning and losing with similar reflection and appreciation.
- 8. I will never quit.** No matter the draw, ride or placing, I will always give my best. My teammates deserve nothing less.
- 9. I will work hard when no one is watching.** My work ethic is based on the hard work I put in during shows and lessons as well as at home.

**10. I will never treat a horse or person disrespectfully or abusively.** Not only is this unsafe, but it is a selfish display of poor self-control and bad sportsmanship.

**11. I will always prioritize safety of myself and others around me.** I will be aware of my surroundings while handling horses and help to ensure others are safe as well.

**12. I will treat lessons seriously as an opportunity to become the best rider I can be.** Lessons are my time to polish my tools while the show is my time to shine.

**13. I will practice self-control, setting a positive example for others.** I will not get down on myself when things aren't going my way. I will not practice negative self talk with myself or others.

**14. I will always support and encourage my teammates.** I will be helpful and courteous, treating my teammates the way I would want to be treated.

**15. I will respect the facilities we are provided for lessons and shows.** I will not damage equipment; I will clean up when we're done and I will treat it as I would my home.

**16. I will represent my team with class, being an example of manners and poise. Yes ma'am, no sir, thank you, and please are only a few examples of the way I will speak to my coaches, parents and anyone I encounter while representing my team.** I understand that how I behave and present myself will reflect either positively or negatively on my teammates and coaches.

**17. I will always be assisting with holding or caring for horses while at the show , unless otherwise instructed by a coach.** My focus needs to be on the task at hand.

**18. I understand my grades in school and behavior at home and outside of riding may impact my position on the team.** There is more to life than horses. You are expected to uphold the same standards away from the barn.

**19. I understand I am expected to always wear a team polo to all team events, practices and horse shows.** It is my responsibility to have all of my

equipment, clothes, helmets and supplies needed for shows and lessons. It is not my parents' responsibility to have me prepared. Failure to plan is planning to fail. Not being prepared will keep me from participating in team events.

**19. I will embrace my role and position on the team, and I will not complain or feel sorry for myself.** This is a team, and I will always do what is necessary for the team to be successful.

**20. I will learn from my mistakes.** I will make mistakes, but I will use them as opportunities to learn. I cannot have success without first experiencing failure.

I will always do my best to follow these rules. My coaches, parents and I understand that I am not perfect, but repeated violations can and will impact my standing on this team. Depending on the severity and frequency of my infractions, I may see less showing, a diminished role or complete removal from the team.

These rules aren't meant to scare me. These are rules I embrace to help me become a better rider, teammate and person.

I understand these rules, and I will do my best to always represent my teammates well.

Team member signature \_\_\_\_\_

Date: \_\_\_\_\_

## **Team Need A Hand Parent Contract**

I support my child's commitment to become a member of the Team Need A Hand's equestrian team. My family is an extension of our barn family, and as a result I understand I am expected to do my best to commit to team rules and regulations.

- 1. I commit to making sure my child arrives to shows and lessons on time.** This means often arriving early so that my child has enough time to get situated prior to joining our lesson or horse show preparations.
- 2. I will be sure that my child is properly equipped, provided healthy snacks, hydrated and fueled for lessons and shows.** This includes approved show clothes, team spirit wear, helmet, and healthy meals at shows.
- 3. I will show respect for the coaches and show officials.** They will often make the wrong call, but the job of the coach, judge and steward is not an easy one. Voicing my displeasure will not improve the situation.
- 4. I will stay away from the horse holding areas during shows and allow coaches to coach.** While this is not easy, I know that providing potentially conflicting messages during a show can be confusing to my child and my presence in the mounting area may contribute negatively to their ability to focus.
- 5. I will be a role model for my child regarding good sportsmanship, teamwork and self-worth.** These things start with the adults, and the riders will behave accordingly. We will take pride in how we carry ourselves and treat others.
- 6. I am responsible for the behavior of all family members at shows and lessons.** Others may attend shows to cheer on my child, and I need to be sure that they also handle themselves according to these rules.
- 7. I will provide encouragement and support for my child.** My child needs to hear my positive encouragement during lessons and at shows. The best parent response no matter the outcome is always, "I love to watch you do something your love."

**8. I will provide encouragement and support for all players on the team.** As a team, it's important to provide the same support for my child's teammates. We're in this together!

**9. I will respect the opposing team, coaches and fans.** They are the same as us in many ways, but they simply wear different colors. Appreciation for their performance and respect for their abilities will contribute to a positive show environment.

**10. I understand that winning is important to the team, but the primary objective is promoting an environment of growth and learning.** They will win. They will lose. They will make mistakes. One of the most important things will be what they learn from success and failure.

**11. I will get to know the team values and reinforce them with my child.** I will read through those expectations with my child and serve as a reminder when they aren't being met.

**12. I will support the coach's message.** While I will not agree with the coach at all times, I also understand that contradicting the coach's message is counterproductive.

**13. I will help my child embrace their role, no matter what it is.** I may not agree with the division my child rides in, but it is important that I help my child embrace and master that role for the best possible experience.

**14. I will help nurture a positive environment on and off the horse.** I will do my best to keep a positive tone as I realize my reactions impact the team.

**15. I will refrain from public complaints about coaching and other riders with parents.** While I will not always agree with how the team is being coached, I know that these reactions do not help.

**16. I will schedule a time with the coach to calmly and constructively riding and showing concerns rather than during, immediately before or after a practice or show.** Instead of complaining publicly, I will be part of the solution by scheduling a private time to discuss my concerns.

**17. I will offer my help as a volunteer to leverage my skills, where possible.** The success of this team is run on the contributions of volunteers, and I want to contribute whatever I can to help. I understand that I am expected to assist the ENTIRE weekend at horse shows hosted by our team.

**18. I will respect the challenges the coaches face and time commitment they make.** I know that coaching isn't easy. It's a significant contribution of time and energy, often with the side effect of stress.

**19. I will make payments for team fees as scheduled.** The team is not a bank, and several large payments are due on a scheduled basis for memberships, entry fees, horse needs, facilities and more.

**20. I will do everything within my control to make this a positive experience for my child, other players, families, and coaches.** I will do my part to contribute to this barn family!

I will always do my best to follow these rules. While I am not expected to be perfect and we will all have our weak moments, the main thing is that I will make a consistent effort to help nurture a positive environment for all.

However, I will not consistently neglect or ignore these rules. Depending on the severity and frequency of my infractions, I understand that my actions may impact the standing of my child on this team.

I understand these rules, and I will do my best to always represent this team and my child well.

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PARENT SIGNATURE

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DATE